LP Straw Creamy Wheat 12/19/2017

Nutrition Facts

4 servings per container
Serving 2.625 Cups Prepared
size (119g Dry Mix)

Size	(119g Dry Mix)
Amount per serving Calories	430
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 65mg	3%
Total Carbohydrate 92	2g 33 %
Dietary Fiber 2g	7%
Total Sugars 34g	
Includes 26g Adde	ed Sugars 50%
Protein 13g	
Vitamin D 0mcg	0%
Calcium 164mg	15%
Iron 1mg	6%
Potassium 294mg	6%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Farina, Sugar, Nonfat Dry Milk, Natural & Artificial Flavors.

Contains Milk, Wheat.

Product is made on equipment that also makes products containing Egg, Milk, Peanut, Soy, Tree nuts, and Wheat

