

LP Old Fashioned Pancake 14.1oz

12/19/2017

Nutrition Facts

4 servings per container

Serving size 1.5 Cups Prepared
(100g Dry Mix)

Amount per serving

Calories 380

% Daily Value*

Total Fat 8g 10%

Saturated Fat 1.5g 8%

Trans Fat 1.5g

Cholesterol 30mg 10%

Sodium 1030mg 45%

Total Carbohydrate 67g 24%

Dietary Fiber 2g 7%

Total Sugars 13g

Includes 11g Added Sugars 20%

Protein 9g

Vitamin D 0mcg 0%

Calcium 471mg 35%

Iron 6mg 35%

Potassium 255mg 6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Unbleached wheat flour enriched (niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid), Sugar, Partially Hydrogenated Soy Bean Oil, Soy Flour, Dextrose, Calcium Sulfate, Corn Flour, Egg Yolks, Sodium bicarbonate, Salt, Buttermilk, Sodium Aluminum Phosphate, Whey Protein Concentrate, Maltodextrin, MonoCalcium Phosphate.

Contains Egg, Milk, Soy, and Wheat.

Product is made on equipment that also makes products containing Egg, Milk, Peanut, Soy, Tree nuts, and Wheat

