

Legacy Food Storage  
Classic Chili  
Nutritional Facts & Ingredient Statement

## Nutrition Facts

4 servings per container

Serving size **2 Cups (108g)**

Amount per serving

**Calories 360**

% Daily Value\*

Total Fat 2g **3%**

Saturated Fat 0g **1%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 1160mg **50%**

Total Carbohydrate 70g **25%**

Dietary Fiber 1g **4%**

Total Sugars 9g

Includes 2g Added Sugars **5%**

**Protein 20g**

Vitamin D 0mcg **0%**

Calcium 113mg **8%**

Iron 5mg **30%**

Potassium 105mg **2%**

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



**INGREDIENTS:** Pinto Bean, Black Bean, Tomato, Corn, Onion, Sea Salt, Corn Starch, Sugar, Chili Pepper, Yeast Extract, Red Bell Pepper, Garlic, Maltodextrin, Spice, Celery, Jalapeno, Red Pepper, Natural Flavor.

**NET WT 15.23 OZ (431.76g)**

**GMO FREE**

**Vegetarian**

**Uses Sea Salt**

**No MSG/I+G/AYE**

**No Trans Fats**

**Low Cholesterol**

### **DIRECTIONS:**

**Bring 8 Cups water to boil. Slowly Whisk in entire package. Reduce heat to a medium boil. Cook for 12-15 minutes. Remove from heat let sit 3-5 minutes.**

